



MICHELE WAHLDER, MS, LPC, CLC , PCC
PROFESSIONAL COACH

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Coaching Specialty areas:

Career Planning & Transition
Life Passion and Purpose
Business Development
Relationship Enhancement
Team Building & Performance

BRIEF PROFESSIONAL BIO

Michele works with busy professionals who want to feel deeply inspired and wildly excited about their life and career. She is dedicated to partnering with teams, groups and organizations that strive to make a difference in the world and the lives of others. Her innovative, encouraging and results-oriented style supports her clients to tap into their hidden dreams and make those dreams a reality. Her clients quickly begin to step into the greatest ideal they hold about themselves and who they can truly be in their life, career and relationships.

With over 15 years of experience as a life & career coach, corporate performance & training consultant, career counselor and psychotherapist, Michele brings an extraordinarily rich combination of knowledge, skills and abilities into every aspect of her coaching business. She works with a diverse clientele ranging from women in career transition and team's striving to maximize talent, to corporate executives at Fortune 100 companies and business partner's working to optimize communication. She has an exceptional track record of guiding people through *self-limiting beliefs and fears* into inspiring lives, overflowing with excitement, joy and deep personal meaning.

While working with leading companies such as Tyco Electronics, Lucent Technologies, and Marriott International, she developed and implemented comprehensive approaches to improve employee, team and organizational effectiveness through use of multi-source feedback, teaming activities, employee opinion surveys and behavioral performance tools.

Michele is a Certified Professional Coach (PCC), a Certified Life Coach (CLC) and a Licensed Professional Counselor (LPC). She holds an MS in Counseling and Development from Texas Women's University, a BA in Interpersonal Communications from Newcomb College and has received her Mediation and Dispute Resolution Certification from Southern Methodist University. She is an active member of the local and International Coach Federation and the International Association of Coaches. She has lectured at the International Coach Federation Forum, is a popular guest on Texas radio shows, and is a coaching expert quoted in publications such as Fitness Magazine, Dallas Morning News and Texas Jewish Post. She continues to volunteer for several non-profit organizations that offer adults and children opportunities to enhance their lives and pursue their dreams.